

WELCOME GUIDE FOR INTER-NATIONAL STUDENTS

Academic year 2024-2025



English version





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A WORD FROM THE DIRECTOR OF PROGRAMS AND STUDENT LIFE

Dear Students,

Congratulations on your admission to INSA Rouen Normandie.

Founded in 1985, INSA Rouen Normandie is a member of the INSA Group. Ranked first public engineering school in France, INSA Rouen trains nearly 10% of the French engineers each year. Our engineering programs are accredited by the Commission des titres d'ingénieur and awarded by the European internationally recognized EUR-ACE® label. INSA Rouen Normandie is the leading engineering public school in Normandy, with its 400 engineering graduates and offers 10 specializations. Graduates are highly qualified in various fields. In addition, they are multidisciplinary, humanistic and innovative. Openness and diversity are the core values of the institution. A broad-based recruitment process enables us to promote equal opportunity (29,4% of French student engineers hold scholarships). The school has 39,8% female student engineers (far above the national average). The institution welcomes 16,5% foreign student engineers of over 42 nationalities and all student engineers have relevant experience abroad (teaching semester or internship of up to 3 months).

INSA Rouen Normandie continuously broadens its range of training programs. After the opening of a work-based training program under the status of Energy Performance Apprenticeship in 2013, an Industrial Performance and Innovation training program in 2014 and a training program in Performance and Innovation in Safety Processes in 2017, as well as Industrial Digital Performance from the start of the 2020 academic year.

INSA Rouen Normandie also offers a vibrant student life on an attractive campus. Located within the Madrillet Campus and directly connected to the heart of Rouen by metro, it boasts a wide selection of housing options at residence halls, as well as canteens, cafeterias and sports facilities. The dynamic Student and Sport Offices offers a number of associations and sports activities.

Welcome to INSA Rouen Normandie, at the heart of Normandy.

In the meantime, I wish you an excellent holiday. Jean Cousin Director of Programs and Student Life

WELCOME TO FRANCE» LABEL

INSA Rouen Normandie has committed itself to the «Welcome to France» labelling process launched in 2019 by Campus France to highlight the facilities available to international students in higher education institutions.

INSA Rouen Normandie has been awarded the 2-star level, attesting to the quality of its welcome for international students, thus satisfying 15 of the 20 indicators defined by the label. These are concrete actions, directly in contact with the reality of international students, structured according to 5 fields:

- Quality and accessibility of information: multilingual site with a clear presentation of the training offer and diplomas, combined with an offer of dematerialisation of application and administrative procedures.
- Quality and accessibility of reception facilities: a multiservice reception desk offer associated with the distribution of a welcome booklet and welcome products. This welcome takes the form of a back to-school event specifically dedicated to international students and inclusive events throughout the school year.
- Accessibility and teaching support: INSA Rouen Normandie has developed a French as a Foreign Language (FLE) offer.
- Accommodation and quality of campus life: dedicated reception for international students with multilingual staff, as well as an accommodation offer. Call to mobilize students and promote foreign students with the establishment of international student referents.
- Quality of postgraduate follow-up with support towards employment and entrepreneurship.

INSA ROUEN NORMANDIE

Ranked among the leading French public engineering institutions in France, INSA Group institutions are located in major French cities (Lyon, Rennes, Rouen, Strasbourg, Toulouse, Val de Loire and Hauts-de-France). The seven French schools of the INSA Group, the first international INSA institution, in conjunction with six academic partners, embody a training approach that has been worldwide recognized for over half a century. The INSA Group includes over than 80 engineering specializations and counts 60 high-level laboratories. The institution brings together a professional network of over 100,000 alumni in France and all around the world.

First engineering school in Normandy

INSA Rouen Normandie comprises an international academic and research center, located near Paris. The largest engineering institution in Normandy welcomes more than 2,000 students and is situated in Rouen and Le Havre. Its headquarters are located within the Madrillet Campus in Saint-Étienne-du-Rouvray. INSA Rouen Normandie plays a major role in training engineers in France. Its missions include teaching (11 engineering programs with 4 apprenticeships and apprenticeships, 6 national master's degrees and 1 specialized master's degrees.), research (8 laboratories) and the spreading of scientific culture. Training programs cover the following areas of expertise: Information and Data Science, Mathematics, Chemistry and Processes, Risk Assessment and Site reengineering, Energy, Propulsion, Mechanics, Industrial Performance, Civil Engineering and Urbanism.

In addition to the city of Rouen and its cultural and historical heritage, embodied by the Havre UNES-CO World Heritage Centre, Normandy provides a large number of tourist attractions (Mont-Saint-Michel, Étretat, La maison de Monet, Giverny, the Caen Normandie Memorial, the Centre for History and Peace, the D-day landing beaches, etc.). In addition, the Seine Valley, located between Rouen and Le Havre, boasts a flourishing industrial area, comprising petrochemical refineries, pharmaceutical industries, automotive manufacturing plants, and much more.

Welcome to INSA Rouen Normandie!

This welcome guide includes relevant information to ensure students enjoy a smooth stay. It features details on courses at INSA, teaching departments, housing, entry and residence formalities in France, as well as an overview of life in Normandy, Rouen and Le Havre. Need help with day-to-day or administrative procedures? We are on hand to provide support, feel free to contact us!

Exchange students receive personal guidance throughout their entire study period.

Sophie BINARD, Director of the International Relations Officet, INSA Rouen Normandie

Training Programs and Student Life contacts

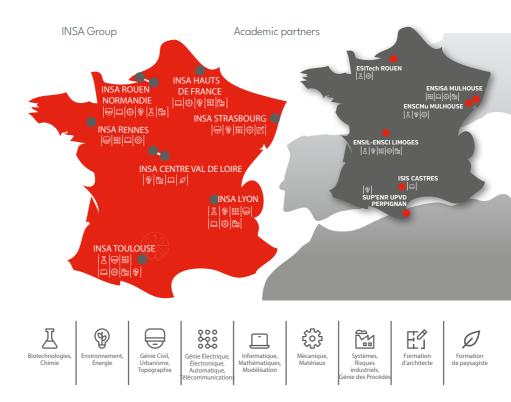
First name - Name	Position	Adresse mail				
Jean Cousin	Director of Programs and Student Life	☑ formation@insa-rouen.fr				
Florence Médaerts	Director of Programs and Educational Material	☑ formation@insa-rouen.fr				
Stéphanie Bocquet	Head of the Student Information Center	⊠ guve@insa-rouen.fr				
Marina Holard	Head of the Registrar Office	⊠ scolarite@insa-rouen.fr				

International Relations Office Contacts

First name - Name	Position	Adresse mail
Christophe Hoarau	Director of International Development	🗹 christophe.hoarau@insa-rouen.fr
Sophie Binard	Director of the International Relations Office	🖂 sophie.binard@insa-rouen.fr
Shana Fernandez	Outgoing exchange coordinator	🗹 outgoingstudents@insa-rouen.fr
Dora Guerra	Incoming Exchange Coordinator	⊠incomingstudents@insa-rouen.fr
Clémence Gründer	Assistant Director	🖂 clemence.grunder@insa-rouen.fr
Vincent Cruder	International Projects Coordinator	🖂 vincent.cruder@insa-rouen.fr

Partnership officers

First name - Name	Country	Adresse-mail
Ludovic Auvray	Asia & Pacific	🖂 ludovic.auvray@insa-rouen.fr
Vincent Boutigny	Spain	⊠ vincent.boutigny@insa-rouen.fr
International Relations Office	Africa & Middle East	⊠ international@insa-rouen.fr
Hortense Larcheveque	North America	⊠ hortense.larcheveque@insa-rouen.fr
Sébastien Leveneur	Erasmus Europe (Scandinavian countries, Italy, Portugal)	⊠ sebastien.leveneur@insa-rouen.fr
Laurent Gaillard	Welcome Program	🖂 welcomeprogram@insa-rouen.fr
Mariana Renoux	Franco-German University (Université Franco-Al- lemande - UFA): Master of Science Degree from Kaiserslautern University of Technology, Germany	🗹 mariana.renoux@insa-rouen.fr
Cécila Zanni-Merk	FITEC Program (France Ingénieurs TEChnologie), Joint Degrees with Latin America, Chile and Colombia	🗹 cecilia.zanni-merk@insa-rouen.fr
Mostafa SAFDARI	Erasmus Europe (Eastern Europe, Baltic States, UK), Turkey	🗹 mostafa.safdari-shadloo@insa-rouen.fr
Nele Krug	Erasmus German-speaking countries	⊠nele.krug@insa-rouen.fr



Faculty Contacts

First name - Name	Departement	Sigle	Adresse-mail
Samuel Paillat	Undergraduate studies	STPI	🖂 samuel.paillat@insa-rouen.fr
Geraldine Del Mondo Maxime Guériau	Computer Science and Information Technology	ITI	⊠ geraldine.del_mondo@insa-rouen.fr ⊠ maxime.gueriau@insa-roeun.fr
Nicolas Desilles Samuel Couve-Bonnaire	Chemistry and Chemical Engineering	CFI	⊠ nicolas.desilles@insa-rouen.fr ⊠ samuel.couve-bonnaire@insa-rouen.fr
Bruno Renou Marie-Charlotte Renoult	Energy Engineering	GE	⊠ bruno.renou@insa-rouen.fr ⊠ marie-charlotte.renoult@insa-rouen.fr
Elie Rivoalen	Civil and Urban Engineering	GCU	🗹 elie.rivoalen@insa-rouen.fr
Jean Guy Caputo Arnaud Knippel	Mathematical and Software Engineering	GM	⊠ jean-guy.caputo@insa-rouen.fr ⊠ arnaud.knippel@insa-rouen.fr
Fabrice Barbe	Mechanical Engineering	MECA	☑ fabrice;barbe@insa-rouen.fr ☑ abdellah.hadjadj@insa-rouen.fr
Lamiae Vernieres Abdellah Hadjadj	Industrial and Environmental Risk Management	GPGR	⊠ lamiae.vernieres@insa-rouen.fr ⊠ abbdellah.hadjadj@insa-rouen.fr
Vincent Boutigny	Humanities	HUMA	⊠ vincent.boutigny@insa-rouen.fr



PREPARING FOR YOUR ARRIVAL

Checklist

Students are required to bring following mandatory documents:

For all students:

- At least one translated and certified birth certificate (by an official French service).
- A valid passport (for European Economic citizens: an identity card is sufficient) with a student short- or long-stay visa (unless exempted).
- For French the goverment scholarship holders: the Campus France scholarship certificate.
- If you intend to drive in France, a valid driving. To find out if your licence is eligible, consult the information :
 - www.service-public.fr/particuliers/vosdroits
- If you wish to practice a sport in France (association or club), a current-year medical certificate to compete in any university event or competition will be required.
- Items symbolizing your homeland (flags, recipes, postcards, posters and documentation on your University, etc.).

For European Economic Area students:

• European Health Insurance Card

For students from Quebec:

- Passport
- Health Insurance Form SE401Q106/SE401Q102 bis

For non-European students:

• Private valid insurance as you enter France

For students residing in an INSA residence:

- household insurance
- hird-party guarantee document signed

🕀 Visas

Visas are issued by the French Embassy of France in your home country. The CEF (Centre d'Études pour la France) procedure is compulsory in most countries. Please check whether:

• You are exempted from visa requirements.

- You need a «short-stay» visa (stay under 90 days). Visa fees: €80. If you obtain a «short-stay» visa, there are no additional formalities to complete once you have arrived in France.
- You need a "long-stay « visa (stay over 90 days). Visa fees: €99 + cost of validation once arrived in France: (50€). Our staff provides you with guidance on preparing your file for the authorization of your long-stay visa (LSV valid as residence permit for students. > (More information here.page 13).
- Find out all information on visas on the Campus France website : https://france-visas.gouv. fr/web/france-visas/accueil

🖓 Welcome Program

The two-week program before the beginning of courses (mid-August/early September) includes French courses, cultural visits and activities, as well as guidance on administrative formalities (bank, insurance, etc.).

- For Exchange and Master's Students from all nationalities, the Welcome Program is optional; a €75 fee is charged, payable upon registration. It corresponds to 2 ECTS for exchange students.
- For students enrolled in the Bilingual Program, the Welcome Program is mandatory and included in the registration fees.

With the Welcome Program, you benefit from the following services:

The DRI team will provide you, for a limited time, a

mobile phone to enable you to communicate with your close family member as soon as you arrive at INSA.

A welcome pack of goodies to help you integrating into the region and at INSA. $\mbox{\tt X}$

A maintenance kit to allow you a better installation in residences as soon as you arrive

If you are not yet registered but interested, please. please send an email to:

welcomeprogram@insa-rouen.fr.

\in Provisional budget

To reside in France and obtain a residency permit in Normandy, international students must provide a proof of sufficient financial resources during their stay. Students will need a monthly budget of at least €615 to live adequately. This amount covers everyday expenses (housing, meals, recreational activities, transport, etc.). These resources must currently be €65 per day if the person is staying in a hotel or €33 if the person is in possession of an accommodation certificate. More information: http://www.anafe.org/spip.php?article274.

Although the cost of living in Rouen is lower than in many other French cities, **international students should plan on a monthly budget of at least €700 to €800 to live adequately.** This budget represents everyday expenses (housing, meals, recreational activities, transport, etc.).

Estimation of the total cost of a study period at INSA Roven Normandie

Budget may differ between students, according to their status (full-time or exchange student), their needs and their lifestyle.

Expense item	Cost
Housing at INSA residence halls	B/W €334 and €420: Madrillet Campus. For more information on other residence halls, click here: <u>www.</u> insa-rouen.fr/en/student-life/housing-campus Students can request financial aid for monthly rent (<u>APL</u> - Aide personnalisée au logement) www.service-public.fr/particuliers/vosdroits/F12006
Damage deposit (mandatory)	Expect one month's fee rental
Housing insurance (mandatory)	€45 per year
Liability insurance (mandatory)	€20 per year
Meals	€300 per month
Transportation	€21 per month (Half price 365 day pass for the youth rate)
Validation stamp for residence permit (depending on nationality)	€60 for entire visa term

Expense item	Cost
Phone, internet, TV contract	€30-€40 per month
Other (entertainment, activities, etc.)	€150 per month
Personal health insurance (optional)	€340 per year
Potential expenses for settling in (sheets, towels, cooking utensils, etc.)	Variable

Additional costs for students completing Master's degrees or the Bilingual Program

BILINGUAL PROGRAM

A specific and unique program, the Bilingual Program, integrated into the European Higher Education Area, leads to a five-year engineering diploma, awarded by INSA Rouen Normandie and delivers a Master's degree. The INSA Rouen Normandie training programs are accredited by the Commission des titres d'ingénieur and awarded by the internationally recognized European EUR-ACE® label.



MASTER'S PROGRAMS

Tuition fees	Tuition fees are set by the French State : 2 513€* for students who are admitted to Masters for 2024/2025 Academic Year "Student life" subscription, €95 payable online : https://www.messervices.etudiant.gouv.fr

Registration fees are updated every new academic term and available on the INSA website, Student life section: https://www.insa-rouen.fr/vie-etudiante/cout-des-etudes

Payment

- Online (you will receive a payment link by email),
- Direct debit,

INSA Rouen bank details:

- Check payable to the Agent comptable de l'INSA de Rouen,
- Postal money order or bank transfer (mentioning your name on the transfer request form).

Bank Code	ode Sort Code		Account Number RIB Key			Bank Domiciliation						
10071		760	000			000	0100015	1	50			TPROUEN TG
IBAN (Interne	IBAN (International Bank Account Number)				BIC (Bank Identifier Code)							
FR76	1007		1760		0000		0010		0015		150	TRPUFRP1

Please note:

- Cash payments above 300€ are forbidden.
- Payment in three instalments is possible for terminal credit card payment or bank transfer.

Léocarte Student Card

The student status enables you to enjoy special conditions and discounts on public transports and recreational activities. Feel free to show your student card!

Working in France

A long-stay student visa enables you to work, under specific conditions, during your stay in France. For more information, click here:

• www.service-public.fr/particuliers/vos- droits/F2713

Financial aid

Students can request financial aid from their homecountry or from specialized organizations. For more information, please go to the site <u>Campus France</u>.

Arrival on campus

INSA Rouen Normandie comprises two sites: Saint-Étienne-du-Rouvray, close to Rouen and Le Havre. Airports: Roissy-Charles de Gaulle, Orly or Beauvais (an airport which offers low-cost flights).

Links to help you prepare for your arrival:

- Airports
 - <u>Aéroports de Paris</u>
 - Aéroport de Paris-Beauvais
- Public Transportation
 - Réseau de Transport Paris-Ile de France
 - <u>Réseau de Transport Rouen</u>
 - Réseau de Transport Le Havre
- Train
 - <u>Trains SNCE</u>
- Route
 - <u>Blablacar</u>
 - <u>Michelin</u>
 - <u>Mappy</u>

Saint-Étienne du Rouvray

The campus is located at the heart of the Rouvray forest, seven km south of Rouen. To get to INSA Saint-Étienne-du Rouvray Campus, please take the metro, towards Technopôle Saint-Étienne- du-Rouvray and get off at the last stop Technopôle..

Adress:

685 Avenue de l'université, BPO8 76801 Saint Etienne du Rouvray Cedex

BOUGAINVILLE building

- Computer Science and Information Technology
 Department (ITI)
- Mechanical Engineering Department (MECA)

MAGELLAN building

- Energy Engineeringt (GE) Mechanical Engineering (MECA) – Humanities (HUMA)
- International Relations Office (DRI)
- Student Information Center (GUVE)
- Library, cafeteria, IT rooms
- Sports Department
- Laboratories
- Residence halls INSA ROUEN Office

DUMONT D'URVILLE building

- ES Department
- Administrative Department
- Student Council
- Health Services

DARWIN building

• Chemistry and Chemical Engineering (CFI) – Industrial Risk Management and Process Engineering (GPGR)

Le Havre Campus

The campus is located 70 km away from Rouen, in downtown Le Havre. Civil and Urban Engineering (GCU) is locate there. Address: 73 rue Bellot, 76600 Le Havre, France.

Campus de l'Espace in Vernon

It hosts the specialty in Industrial Digital Performance learning (Perf-NI) 1 Avenue Hubert Curien, 27207 Vernon

INSA Roven Normandie Campuses maps and directions:

◆ https://www.insa-rouen.fr/insa-rouen-normandie/campuset-plan-dacces



YOUR ARRIVAL AT INSA

🛇 Welcome

International students receive personalized guidance throughout their study period. The staff will help you with registration and administrative procedures. For any question, please contact the International Relations Office or the Student Information Center.

Welcom'INSA

Welcom'INSA, an association composed of French and international students provides you with helpful information on INSA studies: housing, life in Rouen or in Le Havre, student associations, and supports you in integrating the institution by organizing cultural activities during your first semester.

Contact:

Instagram : https://www.instagram.com/welcominsa/?hl=fr

Facebook : https://www.facebook.com/welcominsa/

Buddysystem

Buddysystem is an online platform that permits international students to find a sponsor within INSA Rouen Normandie. Through this system, you can get in touch with local students who will help you to better understand the local customs and habits and to better integrate into INSA Rouen Normandie.

We advise you to register on the platform as soon as you receive your admission letter! This will allow you to get to know your buddy before you arrive at INSA, to help you discover the city (Rouen or Le Havre) and guide you through your first steps at INSA.

More information on

https://buddysystem.eu/en/

Erasmus Student Network

Erasmus Student Network in Rouen: ESN ROUEN (eROUENsmus) is an association geared towards international students and sponsored by the International Relations Office of the University of Rouen. Comprising around ten student-volunteers, its aims are to enhance activities for international students and organize cultural and sports events. Its main objective is to integrate exchange students by introducing them to the culture of Rouen.

https://www.esn.org/

Residence formalities in France

European students:

• The European Health Insurance card is sufficient.

Students from Quebec:

- Passport
- Health Insurance Form SE401 Q106 / SE401 Q102 bis

Students from other countries:

- A valid passport throughout your stay + a potential visa + a birth certificate translated in French
- A long-stay visa (LSV valid as residence permit for student's validation): we help you to validate your visa et to pay the fiscal stamp (€50) on the Foreign Affairs Ministry website. For any question, please send an email to: guve@insa-rouen.fr

A chest X-ray and a medical checkup are mandatory once you entered housing fees if it's not already done. You are assisted in these procedures by the INSA health unit

At the end of the first year of study in France, if you want to continue your studies, you must apply for a renewal of your residence permit:

You can only apply online on <u>ANEE</u> (administration-etrangers-en-france.interieur.gouv.fr). Please note that you must apply for a new residence permit between the 4th and 2nd month before the expiry of your visa «valid for residence». It is advisable to keep all the supporting documents relating to your studies, your accommodation and your resources (all your bank statements). Your application for a residence permit may be refused if you have not taken your exams. The «guichet unique étudiant» (student information center) can help you with any questions relating to this procedure. Contact : guve@insa-rouen.

Administrative registration

Contact: INSA Registrar's Office

Before your arrival in France, you will receive two emails from the Registrar's Office:

-the first one to activate your INSA computer account

-the second will tell you which administrative steps to take when you arrive in France..

Once you have arrived in France, the Registrar's Office will make an appointment to help you finalise your administrative formalities.

Registration is mandatory for all students to receive the INSA student card (Léocarte).

The card can be used as entry pass to all INSA buildings and as mean of payment at university restaurants. It can be required when opening a bank account, requesting a low-rate transportation card, etc., during the examination period.

The day of the appointment

- Check your registration file with the Registrar's Office;
- Submit any missing document to complete the file;
- Pay tuition and housing fees if it's not already done;
- Check your French Social Security registration (etudiant-etranger.ameli.fr/);
- For non-exchange students : pay the CVEC (contribution to student life), if not already done. The payment of 100€ can be done on the CVEC website is required on CVEC website : <u>cvec.etudiant.gouv.fr/</u> **BEFORE administrative registration;**
- Collect your student card, your certificates of attendance. Certificates of attendance at school will also be available on your VLE (https://ent.normandie-univ.fr);
- Proceed with the validation of the visa if required ; (if long-stay visa, payment of 60€ made by credit card on the website of the Ministry of Foreign Affairs).

For more information, please send an email to:

If you have any questions, you can consult the <u>Moodle Guichet Unique - Scolarité</u> throughout the year. or contact the Registrar directly by email at scolarite@insa-rouen.fr



HOUSING

E Student residence halls

Saint-Étienne-du-Rouvray Campus

International students registered in ITI, CFI, GE, GM, MECA,GPGR Departments can stay at one of our residences, located near the Saint-Étienne-du-Rouvray Campus (Madrillet Technopôle), and near public transportation (metro-bus) and shops.

Shttps://www.insa-rouen.fr/en/student-life/housing-campus

INSA residence halls provide with a range of services and are managed by the INSA Housing Office.

Furnishing and equipment

For more information about residence halls' equipment, please go to:

S https://www.insa-rouen.fr/en/student-life/housing-campus

Internet

To get internet access, a subscription to an external provider is necessary. Quantic Telecom offers you a monthly subscription without commitment of 15€. You can also pay 40€ in one go. You can subscribe either by phone (in France) or directly on their website: https://www.quantic-telecom.net/etudiants/insa-rouen/madrillet

The INSA residences are already listed there. Please note that you will need an RJ45 cable to connect the internet to your computer (\in 10).

What you need to bring

Sheets, blankets, dishes, cleaning equipment (broomstick, mop, sponge, etc.), washcloths, towels. Welcom'INSA can assist you in purchasing such items.

When you arrive, we will give you a Welcome Pack with several goodies. In addition, we will also provide you with a cleaning kit for your first few days (sponge, bin bag, toilet paper etc.). If you have not already done it, you can reserve a free kitchenware kit (consisting of cutlery, plates, glass etc.) by contacting the International Relations Office. Please note that the stock is limited.

♦ incomingstudents@insa-rouen.fr

Studio cleaning

Cleaning is performed by an outsourced company. It is mandatory and an additional €15 is charged to your rent. Cleaning is scheduled on weekends, while students are on campus.

Housing rental agreement

Students sign a full-year rental agreement (September 1 - August 31). They receive a key upon completing a rental <u>walk-through</u>. The agreement may be terminated, provided a three-month notice period is observed.

Housing fees

Two-bedroom apartments (2 persons): €334. Fees include costs for heating, electricity ,hot and cold water, etc. Fees apply to current year rates. Rent is subject to increase on July 1st according to the housing rent Index. More information on:

Shttps://www.insa-rouen.fr/en/student-life/housing-campus

APL Funding (Aide personnalisée au logement)

Students can request financial aid for monthly rent (APL - Aide personnalisée au logement). International students must provide proof of a valid residency permit and a social security number, which will be issued upon administrative registration. APL request must be completed once your arrival at residence is confirmed. Residence halls Office will provide relevant information and assist you in administrative matters.

Shttps://wwwd.caf.fr

A Financial aid is never disbursed to recipients but deducted from rents. The amount granted depends on the housing area, the type of housing, and the financial resources of the student. It is never credited during the first month of occupancy and to the minors.

VISALE

Visale, the free security deposit online service can also be used by international students.

To be eligible, students must be between 18 and 30 years old and enrolled in a higher education institution.

European students only need a valid ID card. Non-European students, scholarship holders or not, must have a valid long-stay visa equivalent to a valid residence permit mentioning «Student» or a valid «Student» residence permit or even a valid «Talent» passport.

A deposit can be requested for rents not exceeding €800 in Île-de-France and €600 in other regions, both in private and public rental housing (APL-regulated housing owned by legal entities, residential housing, and housing with or without agreements within university residences).

Conditions for admission to INSA residence halls

Only students who have received a letter of admission to INSA can apply for housing rental. However, INSA Rouen Normandie registration authorization does not mean that housing is granted to students. Priority is given to regular students in university residences. Persons who are not registered at INSA cannot be housed.

Due to the high number of requests and limited availabilities, we are unable to take into consideration your preferences in terms of locations and fees. **Shared appartements are the only housing option available.** If you wish to be paired with someone from your home country or university, let us know when you complete your reservation.

Booking a housing

Pre-reservation

For students enrolled in the Bilingual Program,

housing is reserved as of right, once you have received a final admission letter.

Exchange students are required to mention housing preferences when applying online on the MoveOn website.

The Residence halls Office will send a "housing proposal" by email, mentioning the residence and the rent you will pay per month (only one proposal per student).

Master's students must make their own arrangements for accommodation in or near Rouen or Le Havre.

A Please note: if you refuse a housing proposal, you will be expected to find accommodation on your own, through the private rental market.

Final reservation

Your reservation will be confirmed once:

- You have accepted the proposal.
- You have sent your proof of household insurance (refer to section»Household insurance»)
- You have paid the first month's rent and the deposit (the amount of the deposit is equivalent to one month's rent).
- You have completed and submitted «The deed of third-party guarantee» (document issued by the residence hall with the proposal). The document has to be signed by your parents or guarantors.

Le Havre campus

Students enrolled in the GCU department INSA Rouen Normandie does not provide housing in Le Havre but can help you find accommodation. You can request to receive information about accommodation in Le Havre in the application form. We will help you with the procedure.

Deadline:

• Before May 29th > autumn semester or full-

year.

• Before December 4th > spring semester.

Applications received after the deadline will not be considered.

🖄 Household insurance

Article 18 of Act No. 82,526 dated 22 June 1982 requires tenants to insure themselves against the risks for which they are bound by law.

Depending on your personal situation, you will be required to provide the INSA Residence halls Office or the owner with a multi-risk home insurance certificate insuring against fire, water damage, furnishings, neighbors' claims, explosions, and any rental risks for which you, as tenant, are responsible. Two health insurance centers offer such services, LMDE (La Mutuelle des Étudiants),SMENO (Société Mutualiste des Étudiants de la Région Nord-Ouest) or at a bank. Fees: from €40 per year.

Arrival at residence halls

A Checking is not possible on Saturdays, Sundays and public holidays. Arrival: between 9am to 4pm on weekdays.

Exchange students

In order to welcome you in the best conditions, please inform us a few weeks before you arrive, by completing an arrival form that you will receive by e-mail. Please note that accommodation is available from the first of September and the first of February.

SEmail contact: international@insa-rouen.fr

Students enrolled in the Bilingual Program

As the Welcome Program is mandatory, you will be required to arrive on a specific date, which will be stated on your admission letter, in order to pick you up at the airport.

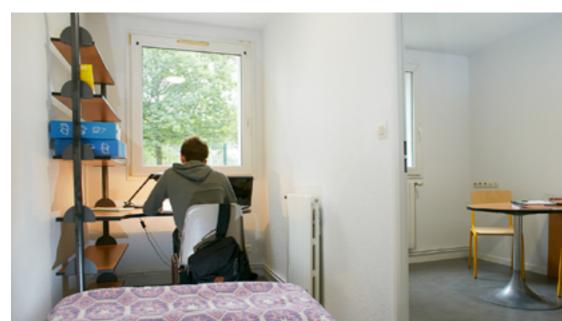
● For any special circumstance, please contact: welcomeprogram@insa-rouen.fr

Your contacts at residence halls:

Name - First name	Position	Email
JOUETTE Arnaud	Head of Residence halls Office	⊠ residences®insa-rouen.fr
CAZIER Colin ESEN Emine	Coordinators	⊠ residences@insa-rouen.fr

INSA Rouen Normandie

Campus du Madrillet Bâtiment Magellan, Services de la logistique et des résidences 685 Avenue de l'Université - 76801 Saint Etienne du Rouvray - France



FRENCH SOCIAL SECURITY

Until you complete procedures, you are required to hold valid personal insurance coverage till October 1st of the academic year.

The Registrar's Office will help you to complete French Social Security registration, as soon as your administrative registration has been confirmed. Documents in foreign languages must be translated by a sworn translator.

Traductions are mandatory and free of charge for non-EU students.

If necessary, the Caisse Primaire d'Assurance Maladie (<u>CPAM</u>) of your place of residence can assist. Note that social security permits the reimbursement of medical expenses, but some medical expenses may remain the responsibility of the student (e.g. hospitalisation costs). We therefore recommend that you take out supplementary student insurance or private mutual insurance with approved organisations

Liability Insurance

Civil liability insurance is compulsory for all students enrolled in higher education. It protects you from everyday hazards, and covers bodily injury and property damage caused to others. You will have to apply for liability insurance upon your arrival in France.

INSA is not legally responsible for acts or harmful acts caused by student engineers during a company internship in France or abroad.

Depending on the company, it is mandatory to provide a proof of insurance which includes coverage of academic internships in companies (The mention «internship» or «academic and extracurricular activities» must be stated on the proof of insurance). (Subscription via a student health insurance center or a private insurance).





STUDENT AFFAIRS

🗹 Academic registration

Exchange students

At teaching departments

Academic registration must be completed in the relevant specialization department. The second part of registration concerns mainly teaching and assessment validation. You are required to go to the relevant academic department offices, as stated on your letter of admission, in order to establish a final learning agreement.

Build your academic curriculum

The final choice of courses must be arranged with the relevant international relations coordinator: www.insa-rouen.fr/international/contacts.

We highly recommend that you select courses in the same year and in the same teaching department, so as to make the study process smoother and avoid scheduling conflicts.

The program approved by you, the Head of Department and the Academic International Relations Coordinator must be submitted to the International RelationsOffice by the end of October (for the first semester) or by the end of February (for the second semester) at the latest.

At INSA, class attendance is mandatory and any absence must be justified (medical certificate, force majeure). If you decide not to attend a course scheduled in your academic program, you are required to inform the Project Manager or the International Relations Coordinator who will consider providing you with an alternative course. Contacts list page 6.

} French classes

The language of instruction for most courses is French, although INSA also offers fourth- and fifth-year courses in English. A minimum B1 level is required in both languages.

Non-French-speaking international students can also take French courses (French as Foreign Language) - FFL - during their study period at INSA. Courses are open to «B1 - Intermediate» level students.

🛱 Curriculum

The INSA Rouen Normandie engineering program complies with the Master level, under the European LMD system (Licence - Master - Doctorate). It is organized in 10 semesters (S1 to S10), i.e. 5 years; no degree is delivered at Licence level. Students can continue their studies to obtain a Doctorate.

☑ End-of-Course Survey

INSA Rouen Normandie has in place a quality management system. In this context, student engineers are given a survey at the end of each semester in order to assess the courses they attended. They are also surveyed to assess the quality of the teaching departments. End-of-course surveys allow students to provide feedback on course content and to evaluate professor instruction.

Here and bank holidays and bank holidays

Academic year

The academic year is divided into 2 semesters:

- 1st semester (autumn): September to Mid-January
- 2nd semester (spring): Mid-January to end of June

The beginning and end dates of courses may differ according to the specialization of each department. For more information, please feel free to contact the International Relations Office or the relevant academic department coordinator that will welcome you.

Holidays and Bank holidays in Normandy

Holidays

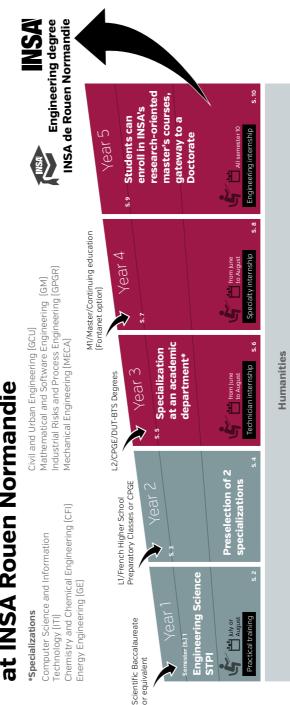
In France, holidays depend on the place of study. Schools are organized in academic areas, divided into three holiday periods A, B and C. INSA Rouen Normandie is part of the Académie de Normandie, located in B zone. To find out about holiday dates,

<u>here</u>.

Please note that INSA does not offer all academic holidays.

Bank holidays

During bank holidays, most public services, banks and shops are closed: https://www.joursferies.fr/



Engineering curriculum with a student status at INSA Rouen Normandie



CAMPUS LIFE

Eating on campus

INSA provides a wide choice of meal options: cafeteria, university restaurants and many other locations on both campuses.

Saint-Étienne-du-Rouvray Campus

INSA cafeteria

The INSA cafeteria, in the Magellan building, is open to students and staff, Monday to Friday, from 8 am to 3:30 pm.

Madrillet Technopôle University Restaurant

Opening hours: Monday to Friday, from 11:30 am to 1:30 pm

Located opposite INSA Rouen Normandie, the university restaurant is in the Faculty of Science premises at the University of Rouen. Student rate: €3.30 per meal.

ESIGELEC cafeteria

Located at ESIGELEC premises.

Centre Leclerc cafeteria

The Centre Leclerc is located in front of the "Technopôle" metro station stop. The cafeteria serves hot dishes and sandwiches.

Saint-Étienne-du-Rouvray Campus

Restaurants in the area

The cafeteria located at ISEL (Institut Supérieur d'Études Logistiques) premises, is open from 8:30 am to 3 pm. Tickets are sold on the spot at meal times.

🗄 Léocarte student card

Léocarte (student card) is issued during your administrative registration day for the whole academic year. It can be used to:

- Enter the different INSA buildings
- Pay at the INSA cafeteria and the CROUS, once you have subscribed to <u>IZLY</u> (online payment service)
- · Borrow books at the library

You will receive an email from IZLY on your INSA email, as soon as you have activated Léocarte. The IZLY service enables you to manage your CROUS account, from any computer through a secure Internet connection and to credit it (from €5). At any moment, you will have the option of getting your account balance refunded or closed.

▲ Please note, in case of loss or theft, you must inform the Student One-Stop Desk so that your Léocarte can be deactivated. You need to make a request for a new card and you will be charged a €10 fee.

There is no remplacement fee if it has been stolen.

💵 Library

The library is located at Saint-Étienne-du-Rouvray Campus, on the first floor of the Magellan building. It comprises 30,000 specialized publications covering a wide range of scientific and technical literature for students, professors and researchers, 150 subscriptions to paper reviews, 4,000 subscriptions to electronic reviews and 1,000 magazine-newspapers available on tablets. In conjunction with the Student Council (Bureau des élèves), the library also promotes a leisure and general knowledge collection: novels, comics, mangas (over 1,500 vol.) and DVDs (currently 120 movies).

On-site consulting: 120 workstations and 2 relaxing areas, as well as 20 computers dedicated to literature search and connected to internet.

Loans

5 academic publications and 3 books from the Bureau des élèves collection for a 28-day period,

renewable once;

2 reviews or magazines per 7 days, renewable once; Our staff can assist you with inquiries: introduction to the online catalogue, the French university libraries' main catalogue (SUDOC) and help in getting online information.

Students may:

- Make copies on site (cards are sold at the library reception desk, payment by check only)
- Use printers (students must bring their own paper in case of large print runs)
- Use internet and check their emails

Contacts

Magellan building - 1st floor Working hours: Monday to Friday, from 8:30 am to 7:30 pm - Saturday from 8:45 am to 12:45 pm. Phone: +33 (0)2 32 95 98 30 Email: <u>biblio-pret@insa-rouen.fr</u> Link to the catalogue: <u>catalogue.insa-rouen.fr</u>

Reprography

A free-access reprography department enables you to photocopy and print all your documents in black and white and colour (fee-based service), or to scan and upload them to a USB drive or by e-mail (free of charge). For theses and reports, the library provides you with binding-machines and plastic and cover boards (free of charge).

🔁 Health

The school offers a health service headed by a state-registered nurse. Its role consists in providing students with information on «prevention, education, health». The nurse is also the Health Coordinator for students and staff.

Choosing a doctor: the nurse provides you with a list of general practitioners located near the campus. **In France, you must choose a referring doctor** and consult this doctor in case of illness. Don't wait until you feel sick before choosing one! The health service is located near the Dumont D'Urville building (DU RC C-RC-23)

Contact: Nurse/Head of health unit

Health email contact: <u>service-sante@insa-rouen.fr</u> Phone: +33 (0)2 32 95 65 99/+33 (0)6 08 86 02 97 More information on: <u>www.insa-rouen.fr/en/student-life/health</u>

③ Student Associations

Student Council (Bureau des élèves -BDE)

The BDE is an association managed by INSA Rouen Normandie student engineers. Its mission is to enhance cultural, recreational and social life on campus. Annual membership: €15

Aims

- Facilitate cultural, recreational and sports activities, social and humanitarian projects on campus.
- Offer helpful services to members such as university restaurants and bus cards sale, printing and binding reports, photocopying, INSA'Shop etc.
- Build ties among students.
- Promote INSA student talents inside and outside the university.

For more information, please contact:

BDE-Durmont Durville building (garden level)

Shttps://www.instagram.com/bdeinsarouen/

Sports Association

The Sports Association aims to encourage participation in sports by students, INSA staff and users of the Madrillet Technopôle's higher education program. It represents INSA during academic sports events and gives students the opportunity to participate in approximatively thirty university activities in the school's gymnasium, opposite the campus. Annual subscription: €90

Contacts

Swww.insa-rouen.fr/vie-etudiante/vie-associative

Swww.facebook.com/asinsarouen/timeline

Opening hours: Monday, Wednesday and Thursday at Magellan building, office H-R1-17

Johanne MAROS

Sports Association Coordinator johanne.maros@insa-rouen.fr

L +33 (0) 02 32 95 65 72

🖾 Cultural Service

Its aims are to:

- Enhance students' personal development as they complete their training.
- Bring together INSA members (students and staff) through a range of artistic and cultural activities.
- Build partnerships with regional cultural stakeholders in various fields of performing, plastic or graphic arts.

The Cultural Service enables you to:

- Be informed on local cultural life (performing arts, exhibitions, cinema, conferences, etc.).
- Enjoy special rates for regional shows.
- Visit museums by participating in social outings organized on weekends or on Thursday afternoons.
- Attend shows, conferences or movies, to discover artistic or scientific cultural exhibitions within school or on campus.
- Foster the achievement of your cultural, personal or team projects (foundation of an artistic association at INSA, organization of conferences, festivals, cultural or artistic outings or events...) by providing logistical or financial aid and expertise..

Staying informed

• By keeping an eye out for billboards and displays.

• By regularly checking your INSA email inbox ; the Cultural Service newsletter is sent at least once a month.

For more information, please contact:

Cultural Service: Magellan building in front of the cafeteria.

Oculture-vie-etudiante@insa-rouen.fr

☑ Student Information Center

The Student Information Center receives students and helps them

with their questions relating to:

- their schooling (internships, exams, student card, etc.),

- questions related to temporary or more continuous situations (disability, health problems impacting schooling, financial difficulties, etc.),

- but also on more targeted subjects such as the validation of long-stay visas or the renewal of a residence permit, registration with Social Security, and issues related to CAF or CROUS accounts.

Contact et information :

Bureau MAHRC 29 et MAHRC 27, rez-dechaussée du bâtiment Magellan guve@insa-rouen.fr





SOCIAL AND CULTURAL LIFE IN NORMANDY

🛱 Transportation

Transportation in Roven

Public transport

More information on Réseau de transport Rouen ASTUCE

Traveling at night with Noctambus

It deserves the city centre of Rouen to the Saint-Étienne-du-Rouvray Campus (Résidence Les Cateliers) until 4:00 am from Monday to Sunday

Bicycle

Cy'clic is a fast and easy bike rental service for every need. There are a variety of subscriptions ranging from 1 day, 7 days, 6 months or 1 year. The first half hour is free, no matter the subscription.

Shttps://lovelolibreservice.fr/comment-ca-marche

Transport in Le Havre

Public transport

LIA network Students are offered discount rates. ♦ https://www.transports-lia.fr/en

Bicycle

Bikes can be rented for both short and long-term periods.

Shttps://www.lehavre.fr/pratique/velo

Practical information (shopping, banks, communication, etc.)

Shops

In Roven

- Supermarkets are open from 9am to 8 pm or 9 pm, Monday to Saturday and occasionally on Sunday mornings.
- Other shops are generally open from Tuesday to Saturday, from 9 or 10 am to 12 am and from 2 to 7pm, and sometimes on Sunday mornings.
- Shops are generally closed on bank holidays.
- Hypermarkets are generally located outside

the city in shopping centers.

• Markets: Rouen boasts a variety of markets; every week approximately twenty markets enliven the city squares. Each regional town or village also offers its own weekday market, which provides a large choice of local specialties, while enjoying an unique and special atmosphere in comparison to the Normandy capital.

But on Sundays, people gather at Clos Saint Marc (Rouen Rive Droite). A true walkabout in a traditional and friendly atmosphere! There is another huge market on Thursday and Sunday mornings in Sotteville-les-Rouen (Hôtel de ville de Sotteville stop on the Technopole metro line).

The most popular shopping centers and shopping malls

Geographical area	Nom	Accès
Rive Gauche	Saint Sever	Public transport
Rive Droite	<u>Docks 76</u> Espace du Palais Galerie Lafayette	Public transport
Barentin	Zone de la Carbonnière <u>Centre commercial</u>	<u>By car</u>
Tourville la Rivière	Centre commercial	<u>By car</u>

Le Havre

The city is divided into two parts, the Lower City with its older districts and the Upper City with its outlying districts. You will find your favorite shops and brands downtown! Go to the shopping centers Docks Vauban, Espace Coty

Please click here to find the list of

hypermarchés

A large selection of ready-to-wear fashion stores, restaurants, groceries and design stores is available.

Banks

Opening a personal bank account and checkbooks are generally free of charge. However, withdrawal or credit cards (Visa-Mastercard etc.) are usually charged. The rate varies between banks, so feel free to shop around and don't forget to mention you are an INSA student. In addition, some banks can offer you special partnerships.

To open an account, you are required to present the following documents:

- Passport or identity card
- Proof of residence

Depending on banks, a minimum deposit ranging from €5 and €150 is mandatory.

Phone

French phone numbers contain 10 digits: the first 2 digits refer to 5 different geographical areas.

- 01: Paris and Ile de France,
- 02: Northwest (Rouen/Le Havre/Saint-Étienne-du-Rouvray),
- 03: Northeast,
- 04: South-East and Corsica,
- 05: Southwest.

How to call:

- France from abroad: dial [00] then 33 and the phone number, excluding the 0. For example: 00 33 (0)2 35 52 83 65
- France from France: dial the 10-digit number which always begins with a 0. For example 02 32 95 66 69
- Abroad from France: dial [00], then the country code and the phone number

More information on fees and country codes:

https://www.monpetitforfait.com/toutes-les-aides/liste-indicatifs-telephoniques

Media

Press/newspapers

Major international newspapers and magazines (The Times, Herald Tribune, Cambio 16, El Pais, Der Spiegel...) are available at the SNCF station press booth and at some retailers. The main French daily newspapers are Le Monde, Libération, Le Figaro, France-Soir, Le Parisien and l'Humanité. Average price: €1. The leading regional daily newspapers are: Ouest France, L'Est Républicain, Le Dauphiné Libéré, La Dépêche du Midi, Sud-Ouest... and in Normandy, Le Paris-Normandie. Online French media: Le Monde, Libération, Le Figaro, Le Parisien and L'Humanité.

Radio

Here is a selection of French radio frequencies (podcasts also available on websites).

All-news radios

- Europe 1
- France Info
- <u>France Inter</u>
- Radio France

For more information on frequencies, please click here

General-interest radios and music stations

- <u>Chérie FM</u>
- <u>Ouï FM</u>
- Virgin Radio
- <u>NRJ</u>
- <u>RTL</u>
- <u>RTL 2</u>

INSA Rouen Normandie radio: <u>Radium</u> For more information on frequencies, click <u>here</u>

T.V.

27 free channels, including 3 public: France 2-France 3- France 5.

To enjoy some foreign TV channels, you must sign a one-year subscription with a digital TV or cable provider.

TV Progams (http://www.programme-tv.net/)

Mail

La Poste is the national French mail service. In France, yellow mailboxes are located in the street and on the facade of each post office where the time of the latest post collection is mentioned.

Stamps are sold at post offices and tobacconists. Postage rates vary according to mail weight and destination.

Delivery delays: a 24 to 48 hour-period for mail sent from France to France and a 1 to 5 day-period for mail sent from France to other countries (standard delivery, without specific fee).

http://www.laposte.fr

Electricity

In France, electric voltage is 220 V - 50Hz with 3-pin round input plugs. If necessary, get an adaptor.

Weather

In Normandy, climate is oceanic; winters are rather mild and summers are temperate. Autumn and spring may be quite rainy. Be sure to bring warm and waterproof clothes. the Seine-Maritime department (76), at the heart of Normandy. Nestled in a loop along the Seine, midway between Paris and the sea; Rouen is less than 350 km away from the major capitals, such as London and Brussels.

River and seaport, Rouen is a vibrant city and a thriving "student" city where life is pleasant. Every year, over 40,000 students come to the University Campuses of the city.

Capital of Normandy, Rouen is also called "the city of a hundred spires"; it is both a city of art and a city of history. Its wealth comes from its cultural and historical heritage, which has shaped its streets, its churches and its monuments.

The city has maintained its traditional districts unspoiled, pedestrian-only and characterized by high medieval buildings and has been the "muse" of great writers and artists such as Pierre Corneille and Gustave Flaubert. Many of you will visit its museums and discover its pedestrian streets, its half-timbered houses, the cathedral, the Gros Horloge, the Palais de Justice, the Aître and the Saint-Maclou Church, the Saint-Ouen Abbey, and the Dungeon where Joan of Arc was imprisoned. Gastronomie

Une grande variété de plats régionaux inspirés de la cuisine bourgeoise et de la cuisine moderne sont servis dans les multiples restaurants de Rouen et de sa région.

Address book

Here are some tour operator addresses: do not besi-Many regional meals, inspired by the traditional and contemporary French cooking, are served in the different restaurants of Rouen and its area.

etc.

In addition, comprehensive travel guides are sold at book stores:

- «Le Viking» Guide des bons plans de Rouen
- <u>Office du tourisme de Rouen</u>
- <u>Mairie de Rouen</u>
- <u>Seine-Maritime Tourisme</u>
- La Métropole Rouen Normandie

Shttps://www.visiterouen.com/

Events and Festivals Calendar in Rouen

Month	Festivals	
Janvier	Les Puces rouennaise d'hiver	
Mars	Rouen Nordic Festival	
Avril	International Fair of Rouen	
Mai	24-hour speed-boat of Rouen, Joan of Arc festival, Medieval market	
Juin	Viva Cité, Street Arts Festival, Sotteville-lès-Rouen	
Septembre	Les Puces Rouennaises d'automne , European heritage Days and Night	
Octobre	October Festival in Normandy	
Novembre	Foire Saint-Romain (a major funfair)	
Décembre	Christmas in Rouen (Christmas market, exhibitions, etc.).	

Le Havre

UNESCO World Heritage Centre

The INSA Rouen Normandie's Le Havre Office, located a few minutes from the seaside and the city center, was built by the French architect Auguste Perret and listed as a UNESCO World Heritage Site in 2005. It is the first European urban ensemble in the 20th century to be listed as a UNESCO World Heritage Site. Le Havre also offers a wide range of activities. More information on:

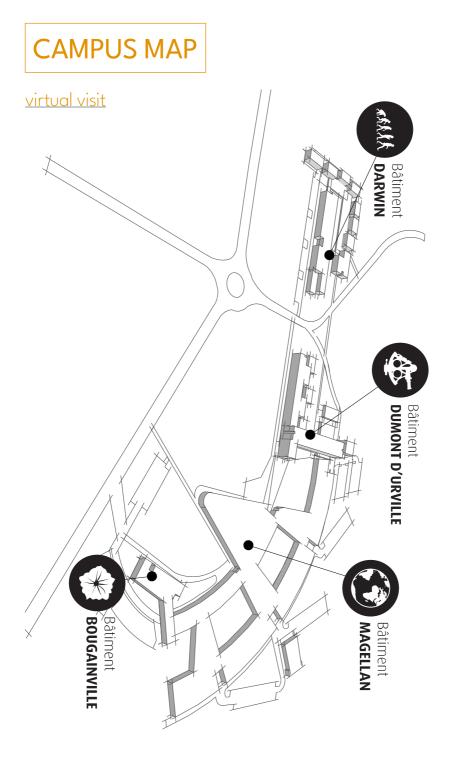
Shttp://www.lehavretourisme.com/

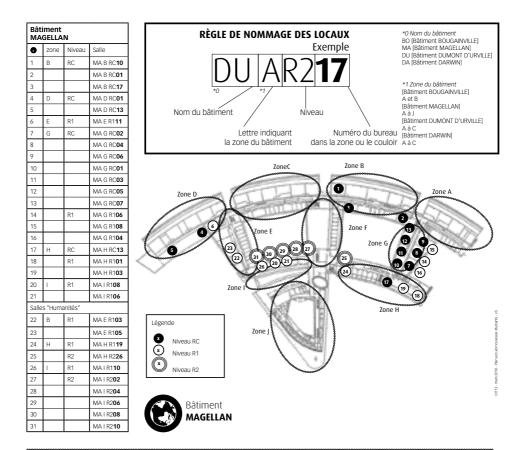
Tourism in Normandy

Normandy means sea and countryside within easy reach of Paris. Many visits are waiting for you, follow the guide! Please find <u>here</u> Rouen, <u>Le Havre</u> Tourism Office websites and the <u>Normandy Region</u>. You will also find the <u>list</u> of Normandy Festivals and the <u>list</u> of concerts and shows.

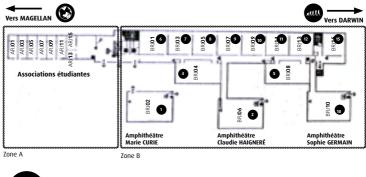
Place du vieux marché de Rouen







Bâtiment DUMONT D'URVILLE					
0	Zone	Niveau	Salle		
1	В	RJ	DU B RJ 02		
2			DU B RJ 06		
3			DU B RJ 10		
4			DU B RJ 04		
5			DU B RJ 08		
6			DU B RJ 01		
7			DU B RJ 03		
8			DU B RJ 05		
9			DU B RJ 07		
10			DU B RJ 09		
11			DU B RJ 11		
12			DU B RJ 13		
13			DU B RJ 15		



Bâtiment DUMONT D'URVILLE Rez de Jardin



INSA Rouen Normandie - Welcome guide for international students - $\mathbf{Sommaire}$ - 35/40

HISRORY OF THE SCHOOL



1959 **CREATION OF INSCIR** National Higher Institute of Industrial Chemistry of Rouen



1917 **CREATION OF ICR** Rouen Chemical Institute

> 1985 **CREATION OF INSA DE ROUEN** Member of the INSA network

1997 INAUGURATION OF MADRILLET SITE Saint-Étienne-du-Rouvray



80 students-engineers



872 students-engineers

1994

...1959... 1985 1917...



1986 **OPENING OF CFI SPECIALITY**

1987

OPENING OF GM SPECIALITY

1988

1987 OPENING OF EP SPECIALITY

1991

1993 OPE ING OF MECA SPECIALITY

1999 OPENING OF ASI SPECIALITY



1997

2008 OPENING OF MR



2008

OPENING OF THE HAVRE ANTENNA

The Civil and Urban Engineeringg section is temporarily housed at ISEL (University).o 2012: The Civil and Urban Engineering department will move intifices network and Frissard in Le Havre.

2009

INAUGURATION OF THE CAMPUS INSA ROUEN Regroupement in Saint-Étienne-du-Rouvray

2013 INAUGURATION OF THE HIGHER EDUCATION **CLUSTER AND RESEARCH IN THE HAVRE** in association with Sciences Po, INSA Rouen, University of Le Havre













2013

2000

2003



2006







E SPECIALITY

2008



2013 OPENING OF THE FIRST APPRENTICESHIP TRAINING ENERGY PERFORMANCE TRAINING OPENING OF GCCD SPECIALITY

PROGRAM

2014 OPENING OF THE SECOND APPRENTICESHIP TRAINING INDUSTRIAL PERFORMANCE AND INNOVATION TRAINING PROGRAM



2017 OPENING OF THE THIRD APPRENTICESHIP TRAINING PERFORMANCE AND INNOVATION IN SAFETY PROCESSES TRAINING PROGRAM

2020 OPENING OF THE FOURTH APPRENTICESHIP TRAINING PERFORMANCE INDUSTRIAL DIGITAL

GLOSSARY OF STUDIES AT INSA







SIGLE	Version Française	Version	Version Espagnol
		Anglaise	
СМ	Cours Magistral	Lecture Master Class	Clase magistral
TD	Travaux Dirigés	Tutorials	Trabajos Dirigidos
ТР	Travaux Pratiques	Practical Work	Trabajo Práctico
UE	Unité d'Enseignement	Teaching Unit	Unidad de Enseñanza
EC	Élément constitutif	Building block	Elemento constitutivo
ECAO	Élément constitutif d'approfondissement et d'ouverture	Deepening and opening component	Componente de profundización y apertura
ECTS	Système Européen de Transfert et d'accumulation de Crédits	European Credits Transfer System	Sistema Europeo de Transferencia de Créditos
DFVE	Direction des Formations et de la Vie Étudiante	Department of Training and Student Life	Dirección de Formación y Vida Estudiantil
DRI	Direction des Relations Internationales	International Relations Office	Departamento de Relaciones Internacionales
SIB	Section Internationale Bilingue	International Bilingual Section	Sección Bilingüe Internacional
STPI	Sciences et Technologies Pour l'Ingénieur	Science and Technology for the Engineer	Ciencias y tecnologías para el ingeniero
GUVE	Guichet Unique Étudiante	Student Information Center	Ventanilla única para la vida estudiantil
DSI	Direction des Systèmes d'Information	Information Systems Department	Departamento de Sistemas de Información
BDE	Bureau Des Élèves	Students' Office	Oficina de Estudiantes
RU	Restaurant Universitaire	University Canteen	Restaurante Universitario
CVEC	Contribution de vie étudiante et de campus	Student and campus life contribution	Contribución a la vida estudiantil y universitaria

INSA Rouen Normandie - Welcome guide for international students - Glossary of studies at INSA - 39/40

INSA Rouen Normandie

Campus du Madrillet 685 Avenue de l'Université - BP 08 76 801 Saint-Étienne-du-Rouvray cedex

Campus du Havre

75/77 Rue Bellot

76600 Le Havre

Campus de l'Espace

ITII Normandie

1 Avenue Hubert Curien

27200 Vernon

www.insa-rouen.fr



Membre de



Nos financeurs



RÉPUBLIQUE FRANÇAISE

D

Accréditations, labels





